



From Popular Theory to Practical Pedagogy:

How well do Brené Brown's theories of courageous leadership hold up when viewed through the lenses of adult education, international education and online education?

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Matching Activity

How well do you know the work of Brené Brown?

Find the person who has the matching definition/word.

Sit together to make a pair.

Brené Brown's Key Concepts

Empathy - Connecting to the emotions that connect to an experience.

Leader - Anyone who takes responsibility for finding the potential in people and processes and who has the courage to develop that potential.

Rumble – 'Let's have a real conversation, even if it's tough.'

Shame - The intensely painful feeling or experience of believing that we are flawed and therefore unworthy of love, belonging, and connection.

Shitty First Draft -The story we make up in moments of uncertainty or vulnerability.

Vulnerability - The emotion that we experience during times of uncertainty, risk, and emotional exposure.



Pick your Sector

There are three sectors around the room.

Select the sector that is of most interest to you.

Within your group discuss how shame might impact the learners in this sector.

Share one key point with the larger group.



Empathy as Antidote to Shame

From your previously identified impact how might empathy show up?

How can this be modelled and acted on by leaders to set the tone for the whole learning environment?



The Paper

This is a very brief taste of Brown's work.

If you would like an emailed copy of the paper, please add your name and email to the sign-up sheet.

Thank you!